The following COVID-19 PSA scripts have been created for you to use and share with our community.

1. What is COVID-19?

We all have a role to play in preventing the spread of COVID-19, a disease caused by a novel, or new, coronavirus. This virus is spreading in our community. If you develop a fever and respiratory symptoms like cough or shortness of breath, you could have COVID-19. Call your doctor if your symptoms get worse. And unless you absolutely need to go out, stay home, save lives.

2. How does COVID-19 Spread?

We all have a role to play in preventing the spread of COVID-19. The virus that causes COVID-19 is spread through respiratory droplets produced when an infected person coughs, sneezes, or talks. When you are within 6 feet of another person, you can both inhale each other's droplets. The virus can spread even when the infected person does not have any symptoms. That's why social distancing is so important—you may be infected and not even know it. So please, if you must go out, keep your distance. Staying home is the best way to protect yourself and others. Stay home, save lives.

3. What is Social Distancing?

We all have a role to play in preventing the spread of COVID-19. Social distancing is one way we can all protect our community. But what is it? Social Distancing is a simple way to slow the spread of an infectious disease. Whenever you can, stay home. It's the easiest way to keep your distance. We know that's not always possible. So, when in public places like grocery stores, work, or walking outdoors, maintain a distance of at least 6 feet from others. Social distancing can reduce your risk of getting and spreading COVID-19. Stay home, save lives.

4. How to Protect Yourself

We all have a role to play in preventing the spread of COVID-19. Here are some ways you can protect yourself. Wash your hands often with soap and water for at least 20 seconds or about the time it takes to sing the alphabet song. If you don't have soap and water, use hand sanitizer with at least 60 percent alcohol. Avoid touching your face with unwashed hands. But the easiest way to avoid COVID-19 is by staying home so you aren't exposed to other people's germs. Stay home, save lives.

5. How to Protect Others

We all have a role to play in preventing the spread of COVID-19. Common symptoms of COVID-19 include fever, cough, and shortness of breath. But even if you have no symptoms, you can still spread the virus. To protect others from getting sick, remember the 3 C's: Clean – wash your hands frequently with soap and warm water or use hand sanitizer with at least 60 percent alcohol. Cover – use a tissue or your elbow to cover coughs and sneezes. Contain – stay home as much as possible, and if you are sick, isolate yourself from others in your home. Stay home, save lives.

6. Not Worth the Risk

We all have a role to play in preventing the spread of COVID-19. Older adults and people with certain health conditions like diabetes or heart disease are at a greater risk of severe illness or even death from COVID-19. Even if you're young and healthy, you can get the virus and spread it to others. You can be contagious even if you don't have symptoms of the virus. Protect your loved ones and your neighbors: Stay home, save lives.

7. Thank You Essential Workers

We all have a role in preventing the spread of COVID-19. Our essential workers, including our doctors, nurses, public health workers, first responders, grocery and pharmacy employees and others play an especially big role in keeping us all safe. If you are working and/or volunteering during this challenging time, thank you! Please stay safe and healthy by washing your hands often and practicing social distancing at work. And for everyone else, we can help our essential workers stay safe by staying home as much as possible. Stay home, save lives.

8. Who Can Get COVID-19?

We all have a role to play in preventing the spread of COVID-19. It's important to know that anyone of any age can get COVID-19. While older people and those with conditions like diabetes or heart disease are at higher risk for severe illness from COVID-19, people of any age can get sick and spread the virus. Protect yourself and others by practicing social distancing. If you must go out for groceries or medicine, keep 6 feet between yourself and others and wear a face covering. Stay home, save lives.

9. Staying Connected in These Times

We all have a role to play in preventing the spread of COVID-19. Social distancing is important to slow the spread of illness, but social distancing doesn't have to mean losing your connection with others. Use video chat services or the telephone to talk with family and friends. In this time of uncertainty, it's important to be there for one another. We're in this together, even though we're physically apart. Stay home, save lives.

10. COVID-19 on Surfaces

We all have a role to play in preventing the spread of COVID-19. While the coronavirus is primarily spread person to person, you can also get it by touching a surface that has the virus on it and then touching your mouth, nose, or eyes. To protect yourself, wash your hands often and avoid touching your face. Clean and disinfect commonly touched surfaces like doorknobs and faucet handles. And whenever possible, keep yourself away from other people's germs. Stay home, save lives.

11. Community Spread

We all have a role to play in preventing the spread of COVID-19. The coronavirus is here, spreading in Lake County communities. It is transmitted through respiratory droplets produced when an infected person coughs, sneezes, or talks. You can also be infected if you touch a surface with the virus on it and then touch your face. To protect yourself, wash your hands and practice social distancing. Only go out to the grocery and pharmacy for essentials and wear a cloth face covering when there. Stay home, save lives.

12. Stop the Movement

We all have a role to play in preventing the spread of COVID-19. Before the pandemic, we were used to moving from place to place on a daily basis. We might live in one community, work in another, and even shop in another. As we move from place to place, so do our germs, and we are exposed to the germs of others. To slow the spread of COVID-19, we need to stop the movement. Stay home, save lives.

13. Asymptomatic Spread

We all have role to play in preventing the spread of COVID-19. The symptoms of COVID-19 are fever, cough, and shortness of breath. But did you know you can have COVID-19 and have no symptoms at all, or you can spread it to others before symptoms start? You might be infected and not even know it. So, if you don't need to go out, don't. Stay home, save lives.

14. Should I Wear a Mask?

We all have a role to play in preventing the spread of COVID-19. We're still learning about the virus that causes COVID-19. Recent evidence shows people can spread COVID-19 before they start to have symptoms. The CDC recommends you wear a cloth face covering in public places like the grocery store, where social distancing is hard to maintain, so you don't spread the virus to others. These face coverings can be made from common household items like a t-shirt. Face coverings reduce the risk that you'll spread COVID-19 to others, but you still need to keep a 6-foot distance from others. Remember to limit your trips to the essentials. Staying home is the best way to protect yourself and others. Stay home, save lives.

15. Stay Healthy, Stay Active

We all have a role to play in preventing the spread of COVID-19. While you stay home, keep in mind that staying active is important for your physical and emotional health. Take a walk or go for a bike ride, just remember to stay at least 6 feet from others. Indoors, it's easy to find free workout videos on the Internet. Challenge yourself to try something new to stay healthy. Stay home, save lives.